****Actor Centered – Mike Alfreds**

*- Naturalism*

*- Stanislavskian feel*

*- Action, Reaction, and Decision*

*- Actors and their instincts*

*- Theatre as the art of acting*

**Clap Tag:**

* Responding instinctively
* Improvisation of a scene
* Clap means freeze, and a second scenario is given to the pair of actors
* The less information given the more realistic they tend to be

**Points of Concentration:**

* Affects character, objective and scene
* Environmental point of concentration is something happening or that happened in the outside world that can affect you
* Individual point of concentration is about the character
* These make the actor think about how to play a scene

**Applying:**

* He and his actors create a complete infrastructure and framework
* Breaking down of texts into simple actions, and connecting actors back to it
* Character and motivation
* Work of the environment, space, relationships, style and the meaning of the play
* All this is embodied organically through long elaborate rehearsal process
* Truth in the moment